

ORDER OF EVENTS

TIME	EVENTS	CATEGORY
3:00 pm	Long Jump	U17, U20, Open M & F
3:00 pm	Shot Put	U17, U20, Open M & F
3:20 pm	1500m	Open M & F
3:50 pm	100m	All
4:30 pm	400m	U15, U17, U20, Open M & F
5:00 pm	Ball Throw	U10, U12
5:00 pm	D.L 5000m	Open M & F
5:35 pm	150m	U10, U12
6:00 pm	4 x 100 Mixed Relay	U15, U17, U20, Open M & F

Event times will be confirmed once all entries have been